



#126, 6104-172 Street  
Edmonton AB T6M 1G9  
780-489-7799 ~ [www.wellness-within.ca](http://www.wellness-within.ca)

## INFORMED CONSENT

Patient Name (please print): \_\_\_\_\_

Naturopathic Medicine is the treatment and prevention of diseases and disorders by natural means. Naturopathic Doctors assess the whole person, taking into consideration physical, mental, emotional and spiritual aspects of the individual. Gentle, non-invasive techniques are generally used to stimulate the body's inherent healing capacity. A variety of treatment modalities may be used. Naturopathic Doctors are trained in Clinical Nutrition, Botanical Medicine, Homeopathy, Traditional Chinese Medical theory (TCM) & Acupuncture, Hydrotherapy, Lifestyle Counseling & Physical Medicine. Your Naturopathic doctor will take a thorough health history and perform a screening physical exam. If your case requires, further lab testing may be recommended.

As a patient of this practice I have read the information and understand that the form of medical care is based on Naturopathic Medical principles. I acknowledge that my Naturopathic Doctor, Cynthia Hnatko, ND, endeavors to provide the best possible diagnosis and course of treatment, but that no warranty is made with respect to any treatment, action, or medical advice given, as many factors will be important in determining actual results. I also recognize that even the gentlest therapies potentially have their complications in certain physiological conditions such as pregnancy and lactation, in very young children or those on multiple medications and hence the information I have provided is complete and inclusive of all health concerns including risk of pregnancy; and all medications, including over-the-counter drugs and supplements.

The slight health risks of some naturopathic treatments include, but are not limited to:

- I. Aggravation of pre-existing symptoms;
- II. Allergic reactions to supplements or herbs;
- III. Pain, fainting, bruising or injury from venipuncture, acupuncture or cupping;
- IV. Accidental burning of skin from the use of moxa or cupping



**This is to Acknowledge that I have been informed and I understand that:**

- I. Any treatment or advice provided to me as a patient is not mutually exclusive from any treatment or advice that I may now be receiving or may in the future receive from another licensed health care provider;
- II. I am at liberty to seek or continue to seek medical care from a physician, surgeon or other health care provider qualified to practice in Alberta;
- III. No employee, student or anyone else under the Clinic's direction or control is suggesting or advising me to refrain from seeking or following the directions of another licensed health care provider;
- IV. The treatment and therapies rendered or recommended by the Naturopathic Doctor may be different from those usually offered by a medical doctor or other licensed health care provider
- V. The Naturopathic Doctor will answer my questions to the best of her ability. I do not expect the doctor to be able to anticipate and explain all the risks and complications. I will rely on the Naturopathic Doctor to exercise judgement during the course of the procedure which they feel at that time is in my best interests, based on the facts then known. With this knowledge, I voluntarily consent to diagnostic and therapeutic procedures mentioned above EXCEPT FOR (please list any exceptions):

I have read and understand the above-stated policies and information. I intend this consent form to cover the entire course of my treatment for my present condition. I understand I am free to withdraw my consent and discontinue my participation in these procedures at any time. I also acknowledge that I have the ability to accept or reject this care of my own free will and choice. I give permission and consent to Cynthia Hnatko, ND, to provide naturopathic consultation, assessment and/or treatment to me [and/or my child \_\_\_\_\_ who is my son/daughter].

Date: \_\_\_\_\_

Patient/Guardian Signature: \_\_\_\_\_

Signature of Naturopathic Doctor: \_\_\_\_\_