



Rental Opportunity

Dear Future Colleague,

It is with great pleasure that I provide you with all of the information that you will need in order to make your decision to work with Wellness Within. We are excited to share with you our vision and opportunities.

Wellness Within is a multidisciplinary clinic that opened July 1, 2006 in Lessard Mall (West Edmonton). Our Centre offers 9 treatment rooms, 2 seminar/workshop rooms, a large retail and reception area, many amenities and a fantastic work atmosphere. We have just completed renovations with new laminate flooring, soothing paint colours, a Zen garden in the reception area, new furniture, and many other additions. Wellness Within is a place of relaxation, health and vitality.

Please review the information in the following package and do not hesitate to contact me with any questions or comments. Thank you for taking the time to learn more about Wellness Within. We look forward to growing with you!

Caroline Stewart

Owner & Centre Facilitator
info@fromwithin.ca

Services and Amenities Included in Room Rental

Full-Time Reception

We currently offer a minimum of 35 hours of reception/management per week, with schedule varying. Our receptionist is available to answer general client questions, book appointments, clean the common areas, maintain in-house laundry, and complete many other tasks. Generally, they are here to assist you with non-practice related duties.

In addition to appointment booking through the receptionist, we also offer online appointment booking, which adds to client and renter convenience.

Management

Wellness Within employs an on-site manager to improve office procedures and policies and to better assist with renter's concerns. Our Manager is available during most business hours to handle and respond to concerns, deal with accounting and payroll and provide general assistance with business growth.

In-House Laundry

Wellness Within laundry machines are available for business related use. Only all-natural and biodegradable laundry detergents are used. We also have sheets and linens available.

Basic Bookkeeping and Accounting

Wellness Within performs basic bookkeeping of all revenue received through the Centre at the end of each day. Wellness Within receives all payments from clients (with the exception of cash tips) and pays out Renter revenue on a bi-weekly basis.

Discounts & Promotions

- 30% off all retail boutique products
- 50% off College courses: Massage Continuing Education, Massage Diploma, Yoga Teacher Training, Ayurveda
- Free Yoga Classes and Infrared Sauna

Referral Payments Program

As a thank-you for referring an individual to our programs, we provide referral payments. Details regarding the courses eligible and the payments provided can be found on our website at www.fromwithin.ca

Rental Opportunities

Wellness Within offers multiple rental programs to assist your growing business no matter what stage your practice is in, including both part-time and full time rental opportunities.

Full-Time Rental

You have a busy and successful business. Wellness Within offers a decrease in your overhead costs through shared reception, administration & management as well as lower lease costs, shared advertising and a simplified accounting system. Furthermore, we offer a community atmosphere and supportive environment. Working together, we are stronger.

As an established Practitioner, you may require exclusive use of a therapy room. We charge a flat rate based on room size:

<u>Room Size</u>	<u>Full-Time Monthly Rental Cost</u>
Small (Rooms #3, #4, #8)	\$1,300
Medium (Rooms #1, #2, #7, #9)	\$1,400
Large (Rooms #5, #6)	\$1,500

*See Appendix A for room locations and sizing

Part-Time Program

Wellness Within has designed a unique program for businesses trying to establish themselves in the marketplace by allowing them to grow sustainably. We firmly believe that the key to our success lies in your success. To achieve this we offer a part-time, shared room rental system, **starting at four shifts a week** and increasing to full time. You decide on how much time is right for you:

<u>Day</u>	<u>Morning Shift</u>	<u>Evening Shift</u>
Monday	9am to 3pm (\$150-\$170)	3pm to 9pm (\$170-\$200)
Tuesday	9am to 3pm (\$150-\$170)	3pm to 9pm (\$170-\$200)
Wednesday	9am to 3pm (\$150-\$170)	3pm to 9pm (\$170-\$200)
Thursday	9am to 3pm (\$150-\$170)	3pm to 9pm (\$170-\$200)
Friday	9am to 3pm (\$150-\$170)	3pm to 9pm (\$170-\$200)
Saturday	9am to 3pm (\$170-\$200)	3pm to 9pm (\$170-\$200)
Sunday	9am to 3pm (\$170-\$200)	3pm to 9pm (\$170-\$200)

*Note: Each shift rental rate covers rental for the entire month.

The price range in each shift is due to room size. Please see following table for further explanation:

<u>Room Size</u>	<u>Weekday</u>	<u>Weeknight</u>	<u>Weekend Day</u>
Small (Rooms #3, #4, #8)	\$150	\$180	\$180
Medium (Rooms #1, #2, #7, #9)	\$160	\$190	\$190
Large (Rooms #5, #6)	\$170	\$200	\$200

*See Appendix A for room locations and sizing

What allows us to offer this amazing opportunity for growth is the willingness for you to share a room with other complimentary therapies. We will try our best to partner therapies that are best suited for each other and utilize similar furniture and/or equipment.

*Part-time and full-time use of therapy rooms is available upon signing of a minimum 1-year lease.

Appendix A: Wellness Within Floor Plan

